



# CYCLOCROSS FESTIVAL

CYCLO•STAMPEDE | JAVA JOHNNY'S | HARBIN PARK

## Cyclocross Skills Clinic

Joachim Parbo and Molly Cameron are proud to present a cyclocross skills clinic at Devou Park in Covington, Kentucky on Wednesday, October 7. Both racers bring World Cup experience to share with racers of all ages, gender and ability levels. Cyclocross will be broken down into its basic elements as Joachim and Molly help racers with mounting and dismounting, barriers, navigating off-cambers, equipment selection, race tactics and more. The focus of this clinic is the participants, and there will be plenty of time for specific questions.

**What:** Cyclocross Skills Clinic w/ Joachim Parbo and Molly Cameron

**Where:** Devou Park, Covington KY (meet @ Behring-Crawford Museum parking lot)

**When:** Wednesday, October 7 from 6:00 – 8:00pm (be ready to roll at 6:00pm)

**Who:** All racers of any gender, age and ability level (open to first 35 participants)

**Register:** [www.bikereg.com](http://www.bikereg.com) **Cost:** \$35

**Why:** Because you are not that good



Joachim Parbo [www.joachimparbo.dk](http://www.joachimparbo.dk) is a repeat Danish Champion (2006, 2007 & 2009). He has had 15 Top-10 results in North America during the 2006-2008 seasons. In addition to his racing, he is a speaker on the Theory of Doping and was appointed by the Danish Cycling Fed. as an Anti Doping Ambassador in 2009.

Molly Cameron [mollycameron.com](http://mollycameron.com) is North America's self proclaimed worst European Cyclocross racer, the founder of the Veloshop (a very small bicycle shop located in downtown Portland, Oregon) and, a proud Vegan.



*This event is a USAC sanctioned event, and thus licenses (yearly or one day) are required.  
All participants are required to wear helmets during this clinic.*